

Study of Impulse Rate and its Types and Measurement by Thump Finger and its Essential Aspects

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Abstract: *The main objective of the present study was to correlate likeness of cocomo with the impulse measurement or heart rate. Heart basically is the number of time a heart beats in a minute. Heart is basically a muscle which strengthen the other muscles of body. Normal heart rate varies between 60 to 100. While normally athletes at rest possess 40 to 60 heart rate. Heart also associated with the emotions and stress conditions. Cocomo is a bisconi many people feel delighted to have cocomo. As it bears sweet taste and different age groups have different views. Heart rate also associated with the age group and body size also blood flow rate normally known as blood pressure. So feelings also have significant impacts on impulse rate. Average impulse rate find out is 76.12 with likeness of cocomo. 79.29 impulse rate dislike cocomo.*

Keywords: *Heart rate, cocomo, impacts.*

1. INTRODUCTION

Impulse rate is the number of time heart beats per minute, heart rate best measure at rest while lying or sitting. If a person possess below 60 bpm doesn't means that there was a heart problem . normally active persons bears 40 bpm. While normal impulse rate is 60 to 100 bpm. Impulse rate is affected by stress, emotions and age also. 5 to 15 years has 70-100 impulse rate. 100 impulse rate counted best and considered active. Some peoples take blood pressure medications to normalize their blood pressure and impulse rate.

2. PROJECT

The questionnaire was prepared about measuring pulse rate in a minute and about measuring method.

3. DISCUSSION AND RESULT

Questionnaire based study have been given significant outcomes. As average people possess impulse rate and like cocomo whereas average people posses heart rate did not like cocomo. Average 76.12 impulse rate like cocomo. 79.29 impulse rate average dislike cocomo.

4. MATERIAL AND METHODS

Inside of elbow or wrist or side of the neck or yop of the foot and two fingers or thumb. Take two fingers on wrist of hand and measure or count the number of impulse by using senses in a 60 seconds. There should be heart rate between 60 to 100. Or this can be done in 20 seconds by multiplying by three.

yes	No
Average=76.12	Average79.29
STDEV=13.32	STDEV=12.12

5. CONCLUSION

Impulse rate of young students collected. Average impulse rate 76.12 , like cocomo. Average 79.29 dislike cocomo. so its shows likeness and dislikeness average also.

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