



Are The Medications That We Are Prescribing To Our Patients Harming Them?

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Editorial

Since 1913, when the commandments of the Flexner report were implemented, several medical schools had to adapt to the new models and others had to be closed (many of which treated patients with models linked more to the energy aspect such as homeopathy and oriental medicines). [1]

This affected all institutions in the Americas, Europe and Asia, but some negative points can be observed from this implementation that completed its centenary in 2013. [1]

In the book written by Capra (1975) entitled *The Tao of Physics*, the author describes the intricate complex that exists between the two medicines of the West (influenced by Galen and after by the Flexner report) and traditional Chinese medicine (that existed for more than 5,000 years). According to Capra, everything that exists in the universe is formed of energy including human beings. [2]

The author, in her publications demonstrating the different aspects of the treatment of a disease, emphasizes the need to treat the patient, with their energy imbalances and not only the symptoms such as in the article written by the author (2020) entitled *Why patients with knee pain still have symptoms despite the use of anti-inflammatory medications?* In this article, the author is saying that the knee pain symptoms are only manifestations of internal energy imbalances because the knee is an organ commanded by the Kidney energy (second chakra) and also by the Liver and Gall-bladder meridian (first chakra). In this article, the author explained why patients do not improve their knee pain when they are simply given medication to relieve the knee pain (with the use

of anti-inflammatory drugs) because they are not addressing the cause, which is at the energy level, which today we are not teaching to the new doctors in the medical schools, due to the influences of Flexner report. [1, 3]

In all her articles, she demonstrates that the treatment of the root of the problem shown by the metaphor of the tree, manages to treat several symptoms of several specialties at the same time, as she demonstrated this theory in the Acupuncture Research Conference that was held in Harvard Medical School in 2015 in a presentation entitled *Acupuncture Viewed Holistically Can Treat All the Patients Conditions at The Same Time*. [4]

With regard to orthopedics, bone, tendon, muscles have a lot of relationship between the internal organs in Chinese medicine, which Western medicine is not aware of, as their model follows the Galen's theory, which sees the patient divided into systems that work independently without connection with the other organs. [5, 6]

In the author's daily practice, demonstrates through some studies that, patients with tendon problems can only be manifestations of problems in internal organs, more specifically related to a disequilibrium in the energy of the Gallbladder as she showed in the article written by her (2019) *Shoulder and Elbow Tendinitis as Initial Manifestation of Autoimmune Hepatitis*. [7]

This is just an example that the model of medicine that we are using today, treating only the symptom and ignoring the real factors that are generating the diseases, is no longer enough to treat patients who need healing, as she wrote (2021) in the article *Is the Population in the*

World the Same as in the Past? And Is the Medication Used in Intubation of Patients with COVID-19 Affecting The Outcome of the Patient's Treatment? [8, 9]

What worried the author is that in a study carried out by her (2021) between 2015 and 2020, published in the article *Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection*, the same demonstration that more than 90 percent of patients are without energy in their internal organs, including the organs that are responsible for maintaining the health of bones, tendons, muscles. The majority of the doctors are unaware of this new information of the energy situation that our population is currently experiencing, caused by the modernization of communication systems worldwide through 5G technology, as the author (2021) wrote in the article *Is the Population in the World the Same as in the Past?* [8, 10]

Other ways to decrease vital energy are in the placement of pins, plates, screws, very common in the treatment of orthopedic problems in addition to the prostheses performed in all orthopedic surgeries that even the highest echelons of the largest universities in the world are unaware that the placement of these materials is causing a reduction in this vital energy, as the author (2019) presented in many webinars such as in the Webinar on Dental Health on May 29th 2021 and published in the article entitled *Can Metallic Surgical Implants Influence the Body's Health?*[11]

This energy is the major importance for survival and to prevent diseases such as diabetes, myocardial infarction, stroke, cancer, infection with COVID- 19 among many other diseases. [10- 13]

Therefore, through this editorial, the author is warning all the physicians to expand their vision regarding the view they have about their patient because with these changes in the energy pattern of the human being, if the doctor does not pay attention to the changes (that is not visible by the naked eyes) we can cause more harm than good and also cause great side effects due to the type of medication that we are currently prescribing, very well explained by the Arndt Shultz law created in 1888. In this law, the two German researchers said that the use of highly concentrated drugs cause a reduction in vital energy, which could lead to death. Therefore, we need to understand that human beings are changing their energy pattern and more highly

diluted drugs will need to be prescribed, for their human to improve their symptoms and their energy and not get worse, if you we continue to use highly concentrated medications, demonstrated by this law. [14]

New reforms in the curricular structures of medical schools in the whole world need to be quickly reevaluated because the doctors that the majority of these medical schools are preparing are not attending to the type of patient they have today as demonstrated in the article *Is the Population in the World the Same as in the Past?* [8]

According to Hippocrates, we must consider the older medicines before considering the medicine we are doing today and we need to integrate the two medicines today to understand in a deepest way, how the human body works. Both are explaining the human being in two ways to thinking but one, in one level and the other in another level but both belongs to the same person that is our patient. [15]

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