

## Causative Organisms of Bloodstream Infections in Subjects Undergoing Hemodialysis and Determine Antibiotic Sensitivity Pattern

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### Abstract

**Introduction:** Vascular access related bloodstream infections and related complications requiring hospitalization, account for nearly one third of the cost of ESRD management with reported mortality rates of 12-25.9%. Yet, despite these risks and international and national guidelines that recommend fistulas as the preferred form of dialysis access, the proportional use of tunneled catheters for dialysis access has steadily increased in many countries. Vascular access related bloodstream infections are a leading cause of hospitalization in patients treated with chronic hemodialysis.

**Objective:** To find out the Causative Organisms of Bloodstream Infections in Subjects Undergoing Hemodialysis and Determine Antibiotic Sensitivity Pattern.

**Methods:** This cross sectional study was conducted from January 2014 to December 2015 for a period of 2(two) years in the Department of Nephrology at Bangabandhu Sheikh Mujib Medical University, Dhaka. All adult patients underwent hemodialysis of both sexes fulfilling the inclusion and exclusion criteria were included in the study.

**Results:** The mean age of the patients were 38.26 (15.26) years. In this present study male (71.7%) are predominant than female (28.3%). Total protein and S. albumin were 14415 (4000) count/cmm, 9.61 (1.62) g/dl, 417.67 (100.87)  $\mu$ mol/l, 5.37 (1.18) mmol/l, 7.27 (2.18) mmol/l, 6.42 % (0.68), 62.71 (5.82) g/l and 28.97 (4.99) g/l respectively. Out of 46 AV fistula cases, culture was positive in vein 8 (13.3%) cases and in fistula 5 (10.8%) cases. Acinetobacter spp. were 35.71% and Klebsiella spp. were 10.71%. Blood stream infection rate due to hemodialysis in fistula was 0.24/1000 patient-days, in catheter was 3.05/1000 patient-days and total was 1.19/1000 patient-days. Acinetobacter spp (6.7%) and Pseudomonas aeruginosa (16.7%) were found in peripheral vein. Acinetobacter spp in 3(6.5%) and Pseudomonas aeruginosa were present in 2(4.3%) cases in AV fistula. Klebsiella spp. were present in 3 (21.4%) cases, Acinetobacter spp were in 3 (21.4%) cases and Pseudomonas aeruginosa were in 3(21.4%) cases in Central venous catheter.

**Conclusion:** The risk of BSI in patients undergoing hemodialysis is related to the vascular access (tunneled central venous catheter), low haemoglobin, under weight, low serum total protein and low serum albumin.

**Keywords:** Bloodstream infections, Plasma glucose 2h ABF, BSI, CDC.

### 1. INTRODUCTION

In Bangladesh, vascular access for maintenance hemodialysis patients are AV fistula and untangled CVC. Some hemodialysis centers in Bangladesh are using tunneled CVC, but the rates are still not high. AV grafts rarely used in our country. Data from the Dialysis Outcomes and Practices Patterns Study (DOPPS) shows that in the United States 25 % of dialysis

patients are dialyzed with catheters; in other countries the use of catheters is even more common (Belgium, 41%; UK, 28%). Over 70% of patients with initiating chronic hemodialysis in the United States have a tunneled CVC as their first blood access device [1]. Vascular access related bloodstream infections and related complications requiring hospitalization, account for nearly one third of the cost of ESRD

management with reported mortality rates of 12-25.9% [2]. Yet, despite these risks and international and national guidelines that recommend fistulas as the preferred form of dialysis access, the proportional use of tunneled catheters for dialysis access has steadily increased in many countries [3]. Vascular access related bloodstream infections are a leading cause of hospitalization in patients treated with chronic hemodialysis. In addition, a catheter is used for the initial dialysis session in approximately 80 percent of incident hemodialysis patients [4]. The majority of bacteremia in hemodialysis patients are caused by infection of vascular access catheters. In addition, catheter-dependent hemodialysis patients have a two- to threefold higher risk of infection-related hospitalization and infection-related death as compared with patients undergoing dialysis via a fistula or graft [5, 6]. Female gender, presence of diabetes mellitus, presence of central venous catheter rather than A/V fistula, low serum total protein, low serum albumin, high white cell count and low hemoglobin levels are associated with bloodstream infection [7]. Catheter can sometimes become colonized from more remote sites during bacteremia [8]. Bloodstream infection (BSI) is the leading cause of hospitalization and the second most common cause of death among patients receiving hemodialysis [9]. More severe symptoms include high fever with rigors, hypotension, vomiting and change in mental status, in the setting of a normal catheter exit site or tunnel, on physical examination. Observed that central venous catheter-related bloodstream infection (CRBSI) was a major cause of morbidity and mortality in patients with end-stage renal disease treated with chronic hemodialysis [10]. The policy of increasing the AVF (arteriovenous fistula) prevalence beyond 50% while minimizing the use of CVCs, dependent largely upon the timely referrals and prudently implemented pre-ESRD program ought to have a positive impact on long-term HD outcomes [11,12] carried out a study to evaluate the clinical outcome and costs of nosocomial and community-acquired methicillin-susceptible *Staphylococcus aureus* (MSSA) or methicillin-resistant *S. aureus* (MRSA) bloodstream infection (BSI) in patients undergoing hemodialysis. This study also highlighted differences according to the source of BSI, including costs arising from hospitalization and treatment.

## **2. MATERIALS AND METHODS**

This cross sectional study was conducted from January 2014 to December 2015 for a period of 2(two) years in the Department of Nephrology at Bangabandhu Sheikh Mujib Medical University, Dhaka. All adult patients underwent hemodialysis of both sexes fulfilling the inclusion and exclusion criteria were included in the study. Sample size: Due to time constrain finally 60 samples were taken. Then each patient was evaluated during each hemodialysis session for the (1) presence of bloodstream infection (BSI) using CDC (Centre for disease control) case definitions by blood cultures (Two samples were sent for cultures one from peripheral veins and another from vascular access either from fistula or from central venous catheter) and (2) clinical features.

### **Inclusion criteria:**

- a) Subjects on maintenance hemodialysis more than 3 months
- b) A patient with vascular access who developed the following clinical or lab criteria:
  - c) Temperature: >100° F
  - d) Heart rate: >90 / minute
  - e) Respiratory rate: >20 / minute
  - f) Peripheral white blood cell count: >12000 / cmm
  - g) Age: More than 18 years
  - h) Sex: patients of both sexes
  - i) Patients willing to participate in the study

### **Exclusion criteria:**

- a) Subjects with prophylactic antibiotic therapy
- b) Subjects with known infection within one month
- c) Acute renal failure
- d) Temporary venous catheter

**Data Analysis:** Data were recorded systematically in predesigned data collection form. Quantitative data were expressed as mean and standard deviation and qualitative data were expressed as frequency distribution and percentage. Statistical analyses were performed by using window based computer software device with Statistical Packages for Social Sciences (SPSS-21) (SPSS Inc, Chicago, IL, USA). Association between categorical variables were analyzed by chi-squared test and continuous variable by unpaired student t-test

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used. For all statistical tests, p value <0.05 as was considered as statistically significant.

### 3. RESULTS

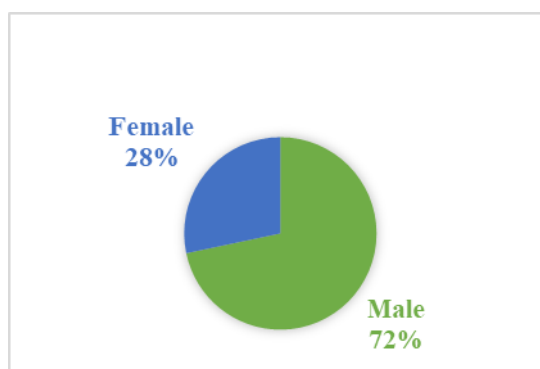
The present cross sectional study was conducted to estimate the rates of infections and clinical and microbiological evaluation of bloodstream

infections in patients undergoing maintenance hemodialysis in the Department of Nephrology of Bangabandhu Sheikh Mujib Medical University, Dhaka. A total number of 60 patients were included in the present study. The results of the present study are as follows:

**Table1.** Distribution of patients according to age group

Age group	Frequency	Percentage
<20	6	10.0
21 – 30	17	28.3
31 – 40	12	20.0
41 – 50	7	11.7
51 – 60	15	25.0
>60	3	5.0
Total	60	100.0

[Table 1] shows the text merits the description which refers to the percent distribution of patients/subjects in different age group.



**Figure1.** Pie chart of patients according to gender

**Table2.** Distribution of patients according to body mass index (BMI)

Nutritional status	Frequency	Percentage
Under weight	31	51.7
Normal	28	46.7
Over weight	1	1.7
Total	60	100.0

[Table 2] shows distribution of patients by body mass index. Most of the patients were either under weight (51.7%) or normal (46.7%). Body mass index (kg/m<sup>2</sup>) : <18.5=under weight, 18.5-24.9= normal, 25-29.9= over weight and > 30= obese

**Table3.** Baseline clinical characteristics of the study sample (n=60)

Characteristic	Bacteremia		p value
	Negative (n=46)	Positive (n=14)	
Radial pulse rate /min	99.04 ± 8.54	98.07 ± 7.50	0.703 <sup>#</sup>
Systolic blood pressure (mm of Hg)	154±22	143 ± 8	0.134 <sup>#</sup>
Diastolic blood pressure(mm of Hg)	92 ± 9	86 ± 7	0.064 <sup>#</sup>
Temperature (°F)	101 ± 1	102 ± 1	0.055 <sup>#</sup>
Respiratory rate (b/min)	22. 6 ± 1.6	22.7 ± 0.9	0.065 <sup>#</sup>
Anemia			0.338 <sup>##</sup>
Absent	9 (19.6)	1 (7.1)	
Mild	17 (37.0)	4 (28.6)	
Moderate	20 (43.5)	9 (64.3)	
Pneumonia	0 (0.0)	0 (0.0)	
Skin infection	0 (0.0)	0 (0.0)	

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Urinary tract infection	0 (0.0)	0 (0.0)	
Infective endocarditis	0 (0.0)	0 (0.0)	
Septic arthritis	0 (0.0)	0 (0.0)	
Intra-abdominal abscess(by USG)	0 (0.0)	0 (0.0)	

# Unpaired t test was done to calculate statistical difference.

## Chi square test was done to calculate statistical difference.

Numeric data was expressed as Mean±SD and categorical data as number (percent)

[Table 3] shows that baseline clinical characteristics of both bacteremic and nonbacteremic patients are not significantly different statistically.

**Table4.** Bloodstream infection rate of the patients

	Peripheral Vein	AV fistula	Catheter	Total
No of infection episodes	14	5	9	28
Total patient-days	23340	20390	2950	23340
Infection rate (per 1000 patient-days)	0.59	0.24	3.05	1.19

[Table-4] shows blood stream infection rate due to hemodialysis. Infection rate in fistula was 0.24/1000 patient-days, in catheter was 3.05/100 patient-days and total was 1.19/1000 patient-days.

**Table5.** Distribution of culture positivity according to site of sampling

	Total	Positive					
		Peripheral Vein	Fistula	Catheter	Catheter tip	Urine	Pleural fluid
Both peripheral vein + AV fistula	46	8 (13.3)	5 (10.8)				
Both peripheral vein + permanent CV catheter	11	6 (54.5)		7 (63.3)			
Both peripheral vein + permanent CV catheter + Catheter tip culture	3	0 (0.0)		0 (0.0)	2 (66.7)		
Urine culture	7					0 (0.0)	
Pleural fluid culture	1						0 (0.0)

[Table-5] shows output of culture according to culture sites. Out of 46 AV fistula cases, culture was positive in peripheral vein 8 (13.3%) cases and in fistula 5 (10.8%) cases. Out of 11 permanent CV catheter cases, culture was positive in vein 6 (54.5%) cases and in catheter 7 (63.3%) cases. Out of 3 catheter tip cases, culture was positive in catheter tip 2 (66.7%) cases. Urine and pleural fluid culture revealed no growth of bacteria.

**Table6.** Names of organisms isolated from total bacterial episodes

Pathogen	Frequency	Percentage
Pseudomonas aeruginosa	15	53.57
Acinetobacter spp	10	35.71
Klebsiella spp.	3	10.71

[Table-6] shows among 28 bacterial episodes Pseudomonas aeruginosa were 53.57 %, Acinetobacter spp. were 35.71 % and Klebsiella spp. were 10.71 %

**Table7.** Outcome of bacterial culture in samples from AV fistula and central venous catheter

Culture	Access type		p value
	AV Fistula (n=46)	Central venous catheter (n=14)	
No growth	41 (89.1)	5 (35.7)	<0.001
Positive	5 (10.9)	9 (64.3)	

Chi-square test was done to calculate statistical association

[Table-7] shows comparison of growth between AV fistula and central venous catheter site. Positive growth was significantly higher in central venous catheter 9 (64.3%) than that of AV fistula 5 (10.9%) cases.

**Table8:** Organisms isolated from peripheral vein

Gram-negative bacteria	Frequency	Percentage
Acinetobacter spp	4	6.7
Pseudomonas aeruginosa	10	16.7

[Table-8] shows organisms isolated from peripheral vein. Acinetobacter spp was present in 6.7% cases and Pseudomonas aeruginosa was present in 16.7% cases.

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**Table9.** Peripheral vein sensitivity pattern of *Acinetobacter* spp

Antibiotics	Sensitive	Resistant
Piperacillin + Tazobactam	4 (100.0)	
Cefuroxime		2 (100.0)
Ceftazidime		3 (100.0)
Ceftriaxone		1 (100.0)
Imipenem	1 (33.3)	2 (66.7)
Amikacin	4 (100.0)	
Netilmicin	3 (75.0)	1 (25.0)
Amoxicillin		3 (100.0)
Ciprofloxacin	4 (100.0)	
Co-trimoxazole	3 (75.0)	1 (25.0)
Colistin	4 (100.0)	
Cefotaxime		2 (100.0)
Ticarcillin		2 (100.0)
Aztreonam		4 (100.0)

[Table-9] shows sensitivity pattern of *Acinetobacter* spp. Piperacillin + Tazobactam(4/4), Amikacin(4/4), Ciprofloxacin(4/4) and Colistin(4/4) antibiotics were sensitive in 100% cases. Imipenem(1/3) was sensitive in 33.3% cases. Netilmicin(3/4) and co-trimoxazole(3/4) was sensitive in 75% cases. Cefuroxime (2/2), Ceftazidime(3/3), Ceftriaxone(1/1), Amoxicillin(3/3), cefotaxime(2/2), Ticarcillin(2/2) and Aztreonam(4/4) were resistant 100% cases.

**Table10.** Peripheral vein sensitivity pattern of *Pseudomonas aeruginosa*

Antibiotics	Sensitive	Resistant
Piperacillin + Tazobactam	10 (100)	
Cefuroxime		5 (100)
Ceftazidime		9 (100)
Ceftriaxone		3 (100)
Cefepime		5 (100)
Imipenem	2 (50)	2 (50)
Amikacin	9 (90)	1 (10)
Netilmicin	6 (60)	4 (40)
Gentamicin	5 (50)	5 (50)
Amoxicillin		3 (100)
Ciprofloxacin	10 (100)	
Co-trimoxazole	2 (66.7)	1 (33.3)
Colistin	10 (100)	
Cefotaxime	2 (100)	
Ticarcillin	6 (60)	4 (40)
Aztreonam	8 (100)	

[Table-10] shows sensitivity pattern of *Pseudomonas aeruginosa*. Piperacillin + Tazobactam (10/10), Ciprofloxacin (10/10), Colistin(10/10), Cefotaxime (2/2) and Aztreonam(8/8) antibiotics were sensitive in 100% cases. Imipenem (2/4) was sensitive in 50% cases, Amikacin(9/10) was sensitive in 90% cases, Netilmicin (6/10) was sensitive in 60% cases, Gentamicin(5/10) was sensitive in 50% cases, co-trimoxazole(2/3) was sensitive in 66.7% cases, Ticarcillin(6/10) was sensitive in 60% cases. Cefuroxime (5/5), Ceftazidime(9/9), Ceftriaxone(3/3), Cefepime(5/5) and Amoxicillin(3/3) were resistant in 100% cases.

**Table11.** Organisms isolated from vascular access sites

Gram-negative bacteria	Access type		p value
	AV Fistula n (%)	Central venous catheter n (%)	
Klebsiella spp.	0 (0.0)	3 (21.4)	0.001
Acinetobacter spp	3 (6.5)	3 (21.4)	0.104
Pseudomonas aeruginosa	2 (4.3)	3 (21.4)	0.043

Chi-square test was done to measure the level of significance

[Table-11] shows organisms isolated from vascular access site. *Acinetobacter* spp were present in 3(6.5%) cases and *Pseudomonas aeruginosa* were present in 2(4.3%) cases in AV fistula. *Klebsiella* spp., *Acinetobacter* spp and *Pseudomonas aeruginosa* all were present in 3 (21.43) cases in Central venous catheter.

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**Table12.** Central venous catheter sensitivity pattern of *Klebsiella spp*

Antibiotics (sensitive)	Access type	
	Central venous catheter	
	Sensitive	Resistant
Cefuroxime		2 (100.0)
Ceftazidime		2 (100.0)
Ceftriaxone		2 (100.0)
Imipenem	2 (100.0)	
Amikacin	1 (50.0)	1 (50.0)
Gentamicin	2 (100.0)	
Amoxicillin		2 (100.0)
Ciprofloxacin	2 (100.0)	
Co-trimoxazole		2 (100.0)
Colistin	2 (100.0)	
Nalidixic	1 (50.0)	1 (50.0)
Cefradine	1 (50.0)	1 (50.0)

[Table-12] shows sensitivity pattern of *Klebsiella spp.*: Imipenem(2/2), Gentamicin(2/2), Ciprofloxacin(2/2) and Colistin(2/2) antibiotics were sensitive in 100% cases. Amikacin(1/1), Cefradine(1/1) and Nalidixic acid(1/1) were sensitive in 50.0% cases. Cefuroxime (2/2), Ceftazidime (2/2), Ceftriaxone(2/2), Amoxicillin(2/2) and Co-trimoxazole(2/2) antibiotics were resistant in 100% cases.

**Table13.** Sensitivity pattern of *Acinetobacter spp*

Antibiotics (sensitive)	Access type			
	AV Fistula		Central venous catheter	
	Sensitive	Resistant	Sensitive	Resistant
Piperacillin + Tazobactam	3 (100.0)		3 (100.0)	
Cefuroxime		3 (100.0)		3 (100.0)
Cefixime		3 (100.0)		1 (100.0)
Ceftazidime		3 (100.0)		3 (100.0)
Ceftriaxone		3 (100.0)		2 (100.0)
Imipenem	1 (33.3)	2 (66.7)	2 (66.7)	1 (33.3)
Amikacin	3 (100.0)		3 (100.0)	
Netilmicin	3 (100.0)		2 (100.0)	
Gentamicin			1 (100.0)	
Amoxicillin	1 (33.3)	2 (66.7)		3 (100.0)
Ciprofloxacin	3 (100.0)		3 (100.0)	
Co-trimoxazole	2 (66.7)	1 (33.3)	1 (100.0)	
Colistin	3 (100.0)		2 (100.0)	
Aztreonam	1 (33.3)	2 (66.7)		2 (100.0)
Nalidixic	1 (33.3)	2 (66.7)		
Cefotaxime		3 (100.0)		

[Table-13] shows sensitivity pattern of *Acinetobacter spp.* in AV fistula and central venus catheter. In AV fistula: Colistin(3/3), Amikacin(3/3), Netilmicin(3/3), Ciprofloxacin(3/3) and Piperacillin + Tazobactam(3/3) were sensitive in 100% cases. Cefuroxime (3/3), Cefixime(3/3), Ceftazidime(3/3), Ceftriaxone(3/3) and Cefotaxime(3/3) were resistant in 100% cases. Imipenem(2/3), Amoxicillin (2/3), Aztreonam(2/3) and Nalidixic(2/3) were resistant in 66.7% cases. In central venous catheter: Colistin(2/2), Amikacin(3/3), Netilmicin(2/2), Ciprofloxacin(3/3), Gentamicin(1/1), Co-trimoxazole (1/1) and Piperacillin + Tazobactam(3/3) were sensitive in 100% cases. Imipenem(2/3) was sensitive in 66.7% cases. Cefuroxime (3/3), Cefixime(1/1), Ceftazidime(3/3), Ceftriaxone(2/2), Amoxicillin (3/3) and Aztreonam(2/2) were resistant in 100% cases.

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**Table14.** Sensitivity pattern of *Pseudomonas aeruginosa*

Antibiotics (sensitive)	Access type		Central venous catheter	
	AV Fistula			
	Sensitive	Resistant	Sensitive	Resistant
Piperacillin + Tazobactam	2 (100.0)		2 (100.0)	
Cefixime				2 (100.0)
Ceftazidime		2 (100.0)		2 (100.0)
Ceftriaxone				2 (100.0)
Cefepime		2 (100.0)		
Imipenem		2 (100.0)	1 (50.0)	1 (50.0)
Amikacin	2 (100.0)		2 (100.0)	
Netilmicin	1 (50.0)	1 (50.0)	1 (50.0)	1 (50.0)
Gentamicin	1 (50.0)	1 (50.0)	1 (50.0)	1 (50.0)
Amoxicillin				2 (100.0)
Ciprofloxacin	2 (100.0)		2 (100.0)	
Colistin	2 (100.0)		2 (100.0)	
Ticarcillin	1 (50.0)	1 (50.0)	1 (50.0)	1 (50.0)
Aztreonam		2 (100.0)	1 (50.0)	1 (50.0)

[Table-14] shows sensitivity pattern of organisms (*Pseudomonas aeruginosa*) isolated from vascular access site: In AV fistula: Piperacillin + Tazobactam(2/2), Amikacin(2/2), Ciprofloxacin(2/2) and Colistin(2/2) were sensitive in 100% cases. Ticarcillin(1/1), Gentamicin(1/1) and Netilmicin(1/1) were sensitive in 50% cases. Ceftazidime(2/2), Cefepime(2/2), Aztreonam(2/2) and Imipenem(2/2) were resistant in 100% cases. In Central venous catheter: Piperacillin + Tazobactam(2/2), Amikacin (2/2), Ciprofloxacin(2/2) and Colistin(2/2) were sensitive in 100% cases. Ceftazidime(2/2), Cefixime (2/2), Ceftriaxone(2/2) and Amoxicillin(3/3) were resistant in 100% cases. Imipenem(1/2, )Ticarcillin (1/2), Gentamicin(1/2), Netilmicin(1/2) and Aztreonam(1/2) were resistant in 66.7% cases.

**Table15.** Organisms isolated from catheter tip

Gram-negative bacteria	Frequency	Percentage
Klebsiella spp.	1	33.3
<i>Pseudomonas aeruginosa</i>	1	33.3

[Table-15] shows organisms isolated from catheter tip. *Klebsiella spp.* was present in 33.3% case and *Pseudomonas aeruginosa* was present in 33.3% case.

**Table16.** Catheter tip sensitivity pattern of *Klebsiella spp*

Antibiotics	Sensitive	Resistant
Cefuroxime		1 (100.0)
Ceftazidime		1 (100.0)
Ceftriaxone		1 (100.0)
Imipenem		1 (100.0)
Amikacin		1 (100.0)
Netilmicin		1 (100.0)
Gentamicin	1 (100.0)	
Amoxicillin		1 (100.0)
Ciprofloxacin	1 (100.0)	
Colistin	1 (100.0)	
Nalidixic	1 (100.0)	

[Table-16] shows sensitivity pattern of *Klebsiella spp.* Gentamicin, Ciprofloxacin, Colistin and Nalidixic antibiotics were sensitive in *Klebsiella spp* bacteria but Cefuroxime, Ceftazidime, Ceftriaxone, Imipenem, Amikacin, Netilmicin and Amoxicillin antibiotics were resistant in *Klebsiella spp* bacteria.

**Table17.** Catheter tip sensitivity pattern of *Pseudomonas aeruginosa*

Antibiotics	Sensitive	Resistant
Piperacillin + Tazobactam	1 (100.0)	
Cefepime	1 (100.0)	
Imipenem	1 (100.0)	
Amikacin	1 (100.0)	
Netilmicin	1 (100.0)	
Gentamicin	1 (100.0)	
Ciprofloxacin	1 (100.0)	
Colistin	1 (100.0)	
Ticarcillin	1 (100.0)	

[Table-17] shows sensitivity pattern of *Pseudomonas aeruginosa*. Tazobactam, Cefepime, Imipenem, Amikacin, Netilmicin, Gentamicin, Ciprofloxacin, Colistin and Ticarcillin antibiotics were sensitive in *Pseudomonas aeruginosa*.

#### 4. DISCUSSION

Bloodstream infection (BSI) is the leading cause of hospitalization and the second most common cause of death (after cardiovascular death) among patients receiving regular hemodialysis [9]. In the present cross sectional study the rates of infections was estimated and clinical and microbiological evaluation of bloodstream infections in patients undergoing hemodialysis was done. In this study mean (SD) age of the study population was 38.26 (15.26) within the range of 16-70 years. Maximum (28.3%) patients were in age group 21-30 years followed by (25.0%) were in age group 51-60 years. Mean age was comparatively higher in others studies [7, 13]. Patient at any age may require hemodialysis. Males (71.7%) were predominant than females (28.3%). Male female ratio was 2.52:1. Any gender may require hemodialysis [7, 13]. Females are associated with more bacteremia than the males [7, 14]. Most of the patients were either under weight (51.7%) or normal (46.7%). Found pneumonia 0.84/100 patient-month, urinary tract infection 0.29/ 100 patient-month, wound infection 1.29/100 patient-month for all access. In this study risk factors for bloodstream infections were searched and found that tunneled central venous catheter, surgical procedure within one month, low serum total protein and low serum albumin were significantly associated with bacteremia. Showed the risk of bacteremia was highest in hemodialysis patients using central venous catheter as vascular access and the incidence rate of CRBSI was 2.5 to 5.5 cases/1000 catheter days [1]. There were 38 bloodstream infections (3.95/1000 ds). Positive growth was significantly higher in central venous catheter 9 (64.3%) than that of AV fistula 5 (10.9%) cases. In their study [17,18] described hemodialysis

catheter were major risk factors for bacteremia particularly when compared to synthetic graft or native arteriovenous fistula. Out of 46 AV fistula cases, culture was positive in peripheral veins 8 (13.3%) cases and in fistula 5 (10.8%) cases. Out of 11 permanent CV catheter cases, culture was positive in peripheral veins 6 (54.5%) cases and in catheter 7 (63.3%) cases. Out of 3 catheter tip cases, culture was positive in catheter tip 2 (66.7%) cases. Out of 7 Urine for C/S & 1 pleural fluid culture revealed no growth. Regarding source of bacteremia: 3 cases were primary bacteremia and rests of the cases were either due to permanent catheter or due to AV fistula. [30] Found primary bacteremia 51%, CRBSI 28% and 21% secondary to other sources.

Regarding causative organisms causing bacteremia: All identified bacteremia were gram-negative and the high prevalence of gram-negative bacteria may be due to immunocompromised states of the patients, contaminated infusate and misuse of antibiotics. *Pseudomonas aeruginosa* were 53.57 %, *Acinetobacter* spp. were 35.71 % and *Klebsiella* spp. were 10.71 %. In their study, Al muneef et al. (2006) noted a total 50 CRBSI episodes; among them 48% were polymicrobial, 32% were due to gram-negative bacilli and 10% due to gram-positive organisms. The most common organisms isolated were *Klebsiella* 16%, coagulase- negative staphylococci 14% and *Pseudomonas aeruginosa* 11%. Noted gram-negative bacteria as a cause of bloodstream infections in 33% cases [7]. Among them *Escherichia coli* were 39%, *Klebsiella* spp. were 17%, *Acinetobacter* spp. were 14% and *Enterobacter* spp. were 14%. Regarding organisms isolated from peripheral veins, *Acinetobacter* spp. was present in 6.7% cases



and *Pseudomonas aeruginosa* was present in 16.7% cases. Sensitivity pattern of *Acinetobacter* spp and *Pseudomonas* spp. in peripheral vein were recorded. Most sensitive antibiotics were Piperacillin + Tazobactam, Amikacin, Ciprofloxacin and Colistin. Moderately sensitive antibiotics were Imipenem, Co-trimoxazole and Netilmicin. Most resistant antibiotics were Cefuroxime, Ceftazidime, Ceftriaxone, Amoxicillin, cefotaxime, Gentamicin and Ticarcillin. Regarding organisms isolated from vascular access site, *Acinetobacter* spp in 3(6.5%) and *Pseudomonas aeruginosa* were present in 2(4.3%) cases in AV fistula. In Central venous catheter. *Klebsiella* spp in 3(21.4%). *Acinetobacter* spp in 3(21.4%) and *Pseudomonas aeruginosa* in 3(21.4%) cases were present. Sensitivity pattern of *Klebsiella* spp. in central venous catheter: Imipenem, Gentamicin, Ciprofloxacin and Colistin antibiotics were sensitive in 100% cases. Cefuroxime, Ceftazidime, Ceftriaxone, Amoxicillin and Co-trimoxazole antibiotics were resistant in 100% cases. Sensitivity pattern of *Acinetobacter* spp. in AV fistula and central venous catheter. Most sensitive antibiotics were: Colistin, Amikacin, Netilmicin, Ciprofloxacin and Piperacillin + Tazobactam. Moderately sensitive antibiotics were Imipenem, Aztreonam and most resistant antibiotics were Cefuroxime, Cefixime, Ceftazidime, Ceftriaxone and Cefotaxime. Sensitivity pattern of organisms (*Pseudomonas aeruginosa*) isolated from vascular access sites: Most sensitive antibiotics were Piperacillin + Tazobactam, Amikacin, Ciprofloxacin and Colistin. Most resistant antibiotics were Ceftazidime, Cefepime, Aztreonam and Imipenem. Regarding organisms isolated from catheter tip, *Klebsiella* spp. was present in 33.3% case and *Pseudomonas aeruginosa* was present in 33.3% case. Sensitivity pattern of *Klebsiella* spp. in catheter tip: Gentamicin, Ciprofloxacin, Colistin and Nalidixic antibiotics were sensitive in *Klebsiella* spp bacteria but Cefuroxime, Ceftazidime, Ceftriaxone, Imipenem, Amikacin, Netilmicin and Amoxicillin antibiotics were resistant in *Klebsiella* spp bacteria. Sensitivity pattern of *Pseudomonas aeruginosa* in catheter tip: Tazobactam, Cefepime, Imipenem, Amikacin, Netilmicin, Gentamicin, Ciprofloxacin, Colistin and Ticarcillin antibiotics were sensitive in *Pseudomonas aeruginosa*. Surgically implanted long-term central venous devices--cuffed and tunneled catheters (22.5%, 1.6 per 1000 IVD-days) and central venous ports (3.6%, 0.1 per

1000 IVD-days)--appear to have high rates of infection when risk is expressed as BSIs per 100 IVDs but actually pose much lower risk when rates are expressed per 1000 IVD-days. The use of cuffed and tunneled dual lumen CVCs rather than noncuffed, nontunneled catheters for temporary hemodialysis and novel preventive technologies, such as CVCs with anti-infective surfaces, was associated with considerably lower rates of catheter-related BSI. Arterial catheters used for hemodynamic monitoring (0.8%, 1.7 per 1000 catheter-days) and peripherally inserted central catheters used in hospitalized patients (2.4%, 2.1 per 1000 catheter-days) posed risks approaching those seen with short-term conventional CVCs used in the Intensive care unit.

## 5. CONCLUSION

Low serum total protein, low serum albumin, low hemoglobin and poor nutrition are risk factors for bloodstream infections (BSI). BSI is responsible for mortality, morbidity, cost and hazards of the patients. In hemodialysis patients, the risk of bacteremia can be stratified according to vascular access type. Infections rates were highest in hemodialysis patients with central venous catheter access, compared with rate in those with AV fistula. The 1<sup>st</sup> step to minimize BSI is to dialysis through AV fistula, next step is to recognition of risk factors and their management and the 3<sup>rd</sup> step is to early recognition and treatment BSI.

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