

## Comparison of the Hyperuricemic Effects of Erythropoietin and U-74389G

C. Tsompos<sup>1\*</sup>, C. Panoulis<sup>2</sup>, K. Toutouzas<sup>3</sup>, A. Triantafyllou<sup>4</sup>, CG. Zografos<sup>5</sup>, K. Tsarea<sup>6</sup>, M. Karamperi<sup>6</sup>, A. Papalois<sup>6</sup>

<sup>1</sup>Department of Gynecology, General Hospital of Thessaloniki "St. Dimitrios" Thessaloniki, Hellas

<sup>2</sup>Department of Obstetrics&Gynecology, Aretaieion Hospital, Athens University, Athens, Attiki, Hellas

<sup>3</sup>Department of Surgery, Ippokrateion General Hospital, Athens University, Athens, Attiki, Hellas

<sup>4</sup>Department of Biologic Chemistry, Athens University, Athens, Attiki, Hellas

<sup>5</sup>Department of Surgery, Ippokrateion General Hospital, Athens University, Athens, Attiki, Hellas

<sup>6</sup>Experimental Research Centre ELPEN Pharmaceuticals, S.A. Inc., Co., Pikermi, Attiki, Hellas

**\*Corresponding Author:** C. Tsompos, Department of Gynecology, General Hospital of Thessaloniki "St. Dimitrios" Thessaloniki, Hellas, Email: [Tsomposconstantinos@gmail.com](mailto:Tsomposconstantinos@gmail.com)

### Abstract

**Aim:** This study calculated the hyperuricemic capacities of 2 drugs: the erythropoietin (Epo) and the antioxidant lazaroid (L) drug U-74389G. The calculation was based on the results of 2 preliminary studies, each one of which estimated the hyperuricemic influence, after the respective drug usage in an induced ischemia reperfusion animal experiment.

**Materials and Methods:** The 2 main experimental endpoints at which the serum uric acid levels were evaluated was the 60<sup>th</sup> reperfusion min (for the groups A, C and E) and the 120<sup>th</sup> reperfusion min (for the groups B, D and F). Specially, the groups A and B were processed without drugs, groups C and D after Epo administration; whereas groups E and F after the L administration.

**Results:** The first preliminary study of Epo presented a non significant hyperuricemic effect by  $9.33\% \pm 6.16\%$  ( $p\text{-value}=0.1264$ ). The second preliminary study of U-74389G presented a significant hyperuricemic effect by  $12.43\% \pm 6.34\%$  ( $p\text{-value}=0.0145$ ). These 2 studies were co-evaluated since they came from the same experimental setting. The outcome of the co-evaluation was that U-74389G has 1.33234-fold more hyperuricemic potency than Epo ( $p\text{-value}=0.0000$ ).

**Conclusions:** The anti-oxidant capacities of U-74389G enhance the acute hyperuricemic properties presenting 1.33234-fold more intensive hyperuricemia than Epo ( $p\text{-value}=0.0000$ ).

**Keywords:** ischemia; erythropoietin; U-74389G; serum uric acid levels; reperfusion

### 1. INTRODUCTION

The lazaroid U-74389G (L) is not famous for its hyperuricemic<sup>1</sup> capacity ( $p\text{-value}=0.0145$ ). U-74389G as a novel antioxidant factor, implicates exactly only 258 published studies. The ischemia reperfusion (IR) type of experiments was noted in 18.60% of these studies. A tissue protective feature of U-74389G was obvious in these IR studies. The U-74389G chemically known as 21-[4-(2, 6-di-1-pyrrolidinyl-4-pyrimidinyl)-1-piperazinyl]-pregna-1, 4, 9(11)-triene-3, 20-dione maleate salt is an antioxidant complex, which prevents the lipid peroxidation either iron-dependent, or arachidonic acid-induced one. Animal kidney, liver, brain microvascular endothelial cells monolayers and

heart models were protected by U-74389G after IR injury. U-74389G also attenuates the leukocytes; down-regulates the proinflammatory gene; treats the endotoxin shock; produces cytokine; enhances the mononuclear immunity; protects the endothelium and presents anti shock property.

Erythropoietin (Epo) even if is not famous for its hyperuricemic action ( $p\text{-value}=0.1264$ ), it can be used as a reference drug for comparison with U-74389G. Although Epo is met in over 30,327 published biomedical studies, only a 3.56% of them negotiate the known type of IR experiments. Nevertheless, Epo as a cytokine, it is worth of being studied about serum uric acid levels too.

This experimental work tried to compare the hyperuricemic effects of the above drugs on a rat induced IR protocol. They were tested by calculating the serum uric acid (SUA) levels increases.

## 2. MATERIALS AND METHODS

### 2.1. Animal Preparation

The Vet licenses under 3693/12-11- 2010 & 14/10-1-2012 numbers, the granting company and the experiment location are mentioned in preliminary references<sup>1,2</sup>. The human animal care of Albino female Wistar rats, the 7 days pre-experimental *ad libitum* diet, the non-stop intra-experimental anesthesiologic techniques, the acidometry, the electrocardiogram, the oxygen supply and post-experimental euthanasia are also described in preliminary references. Rats were 16 – 18 weeks old. They were randomly assigned to six (6) groups consisted in N=10. The stage of 45 min hypoxia was common for all 6 groups. Afterwards, reperfusion of 60 min was followed in group A; reperfusion of 120 min in group B; immediate Epo intravenous (IV) administration and reperfusion of 60 min in group C; immediate EpoIV administration and reperfusion of 120 min in group D; immediate U-74389G IV administration and reperfusion of 60 min in group E; and immediate U-74389G IV administration and reperfusion of 120 min in

**Table1:** The (%) hyperuricemic influence of erythropoietin in connection with reperfusion time

Hyperuricemia	+SD	Reperfusion time	p-value
+10.13%	+45.86%	1h	0.4917
+15.86%	+49.11%	1.5h	0.1408
+21.59%	+53.85%	2h	0.1940
-1.86%	+41.80%	reperfusion time	0.8499
+9.33%	+6.16%	interaction	0.1264

**Table2:** The (%) hyperuricemic influence of U-74389G in connection with reperfusion time

Hyperuricemia	+SD	Reperfusion time	p-value
+6.29%	+16.60%	1h	0.2539
+17.56%	+41.10%	1.5h	0.0553
+28.82%	+54.51%	2h	0.1041
+4.22%	+38.58%	reperfusion time	0.6300
+12.43%	+6.34%	interaction	0.0145

**Table3:** The U-74389G / erythropoietin efficacies ratios on serum uric acid levels hyperuricemia after chi-square tests application

Odds ratio	[95% Conf. Interval]	p-values	Endpoint
0.6212533	0.6192975	0.6232153	1h
1.106911	1.10445	1.109377	1.5h
1.3349	1.10502	1.612596	2h
-2.261522	-2.273558	-2.24955	reperfusion time
1.33234	1.328732	1.335958	interaction

group F. The dose height assessment for both drugs are described at preliminary studies as 10 mg/Kg body mass.

Ischemia was caused by laparotomic clamping the inferior aorta over renal arteries with forceps for 45 min. The clamp removal was restoring the inferior aorta patency and reperfusion. After exclusion of the blood flow, the protocol of IR was applied, as described above for each experimental group. The drugs were administered at the time of reperfusion; through inferior vena cava catheter. The SUA levels (SUAI) were determined at 60th min of reperfusion (for A, C and E groups) and at 120th min of reperfusion (for B, D and F groups). However, the predicted SUAI values were not used since a weak relation was rised with animals' mass (p-value=0.3436).

### 2.2. Statistical Analysis

Table 1 presents the (%) hyperuricemic influence of Epo regarding reoxygenation time. Also, Table 2 presents the (%) hyperuricemic influence of U-74389G regarding reperfusion time. Chi-square tests were applied using the ratios which produced the (%) results per endpoint. The outcomes of chi-square tests are depicted at Table 3. The statistical analysis was performed by Stata 6.0 software [Stata 6.0, Stata Corp LP, Texas, USA].

### **3. RESULTS**

The successive application of chi-square tests revealed that U-74389G recessed the hyperuricemia by 0.6212533-fold [0.6192975 - 0.6232153] than Epo at 1h; however, it accentuated it by 1.106911-fold [1.10445 - 1.109377] at 1.5h, by 1.3349-fold [1.10502 - 1.612596], by 2.261522-fold [2.24955 - 2.273558] without drugs and by 1.33234-fold [1.328732 - 1.335958] whether all variables have been considered (p-value=0.0000).

### **4. DISCUSSION**

The unique available study investigating the hyperuricemic effect of U-74389G on SUAI was the preliminary one<sup>1</sup>. Although the most famous activities of neuroprotection and membrane-stabilization properties, it accumulates in the cell membrane, protecting vascular endothelium from peroxidative damage but hardly penetrates the blood-brain barrier. It elicits a beneficial effect in ototoxicity and Duchenne muscular dystrophy. It increases gamma-glutamyl transferase ( $\gamma$ gt), superoxide dismutase (SOD) and glutathione (GSH) levels in oxygen-exposed cells. It treats septic states and acts as immunosuppressant in flap survival. It prevents the learning impairments, it delays the early synaptic transmission decay during hypoxia improving energetic state of neurons. It shows antiproliferative properties on brain cancer cells and is considered as a new promising anti inflammatory drug for the treatment of reperfusion syndrome in IR injuries.

The same authors confirmed<sup>2</sup> the short-term hyperuricemic effect of Epo preparations in non iron deficient individuals. Palmiere C et al proposed<sup>3</sup> several biochemical markers including serum uric acid as potentially useful markers to improve the diagnostic efficacy in hypothermia fatalities. Chen YR et al found<sup>4</sup> that multidisciplinary care (MDC) group had higher prescription rates of uric acid lower agents and erythropoietin-stimulating therapy in chronic kidney disease (CKD) patients. Lambers Heerspink HJ et al made drug targets specifically related with kidneys as the uric acid and erythropoietin, the subject of clinical trials in CKD patients. Sulikowska B et al found<sup>6</sup> subjects with both a fall in EPO and lower serum uric acid despite similar inflammation

and fibrosis on biopsy than others in IgA nephropathy. Kmoch S et al described the autosomal dominant tubulointerstitial kidney disease, REN-related (ADTKD-REN) characterized<sup>7</sup> by: hypoproliferative anemia with low hemoglobin concentrations, found in most affected children by age one year; hyperuricemia (serum uric acid concentration >6 mg/dL) and gout, found in most (not all) affected individuals; and slowly progressive chronic tubulointerstitial kidney disease. Balaguer C et al found that treatment with simvastatin increased<sup>8</sup> the plasma levels of erythropoietin (Epo) by 61.90% p<0.05 and reduced those of serum uric acid levels by 8.45% p<0.01 in stable COPD patients. Fleming WE et al showed<sup>9</sup> that ROC curve analysis of EPO and uric acid as biomarkers, were superior than the Epworth Sleepiness Scale by at least 17.30% in screening for obstructive sleep apnea (OSA). Schaal MF et al found the EPO levels decreased (77.8%) than control levels, whereas increased (1.9-fold) than pretreatment values and higher levels of uric acid (2.3-fold)<sup>10</sup> in septic acute kidney injury (AKI) patients. D'Arrigo G et al suggested<sup>11</sup> that vitamin E-coated membranes significantly improved the erythropoietin resistance index but had no impact on other anemia parameters and serum uric acid levels. Georgatzakou HT et al assessed<sup>12</sup> that the antioxidant, antihemolytic and anti-apoptotic effects of high rhEPO doses blunted the more toxic uremic context and probably of serum uric acid levels in patients with end-stage renal disease (ESRD). Gounden V et al repeated the<sup>13</sup> vital role of kidneys in the excretion of waste products and toxins such as uric acid, as well as the production of hormones like erythropoietin. Fleming WE et al<sup>14</sup> utilized the concurrent elevations of HbA1c, CRP and EPO levels as an obstructive sleep apnea (OSA) screening tool superior than STOP-Bang questionnaires by 11.42%.

According to above, table 3 shows that U-74389G accentuated by 1.33234-fold [1.328732 - 1.335958] the hyperuricemicpotency than Epo (p-value=0.0000); a trend accentuated along time, in Epo non-deficient rats. A meta-analysis of these ratios from the same experiment, for 15 other seric variables, provides comparable results (table 4)<sup>15-16</sup>.

## Comparison of the Hyperuricemic Effects of Erythropoietin and U-74389G

**Table4:** A U-74389G / erythropoietin efficacies ratios meta-analysis on 18 hematologic variables (15 variables with balancing efficacies and 3 variables with opposite efficacies)<sup>15-16</sup>.

Endpoint Variable	1h	p- value	1.5h	p- value	2h	p- value	Reperfusion time	p- value	interaction	p- value
WBC	0.957451	0.3782	1.396122	0.0000	1.918237	0.0000	1.71622	0.0000	1.601887	0.0000
RBC count	0.961059	0.0000	1.733395	0.0000	6.519657	0.0000	1.039524	0.0000	1.309673	0.0000
Hematocrit	38.424	0.0000	9.076658	0.0000	6.2222898	0.0000	1.001356	0.2184	12.66419	0.0000
Hemoglobin	1.268689	0.0000	1.839035	0.0000	13.1658	0.0000	1.252422	0.0000	1.94889	0.0000
MCH	151.125	0.0000	4.246814	0.0000	2.709729	0.0000	1.177347	0.0000	4.362893	0.0000
MCV	150.8518	0.0000	4.236722	0.0000	2.704247	0.0000	1.180156	0.0000	4.352528	0.0000
RbcDW	3.306773	0.0000	3.023389	0.0000	2.655885	0.0000	0.2259914	0.0000	2.370353	0.0000
Platelet count	2.42839	0.0000	6.00238	0.0000	6.1333429	0.0000	3.939027	0.0000	37.62979	0.0000
MPV	145.8532	0.0000	4.053619	0.0000	2.603947	0.0000	1.2334644	0.0000	4.164431	0.0000
Platelet DW	0.6940233	0.0000	1.319118	0.0000	2.206972	0.0000	2.2484006	0.0000	2.458888	0.0000
Glucose	156.4991	0.0000	4.53659	0.0000	2.81397	0.0000	0.9073196	0.0000	4.660603	0.0000
Urea	158.4209	0.0000	4.50889	0.0000	2.850291	0.0000	0.9017775	0.0000	4.632148	0.0000
Creatinine	168.9034	0.0000	4.872332	0.0000	3.039572	0.0000	1.0262016	0.0000	5.005523	0.0000
Total proteins	155.9562	0.0000	4.421079	0.0000	2.803573	0.0000	0.8842162	0.0000	4.541934	0.0000
Albumins	0.2457507	0.0073	0.5303472	0.0000	0.6243052	0.0465	1.237477	0.0000	0.5000416	0.0000
<b>Mean</b>	<b>13.8573100</b>	<b>0.0255</b>	<b>3.0278414</b>	<b>0.0000</b>	<b>3.1511336</b>	<b>0.0030</b>	<b>1.1390705</b>	<b>0.0144</b>	<b>3.5992801</b>	<b>0.0000</b>

Endpoint Variable	1h	p- value	1.5h	p- value	2h	p- value	Reperfusion time	p- value	interaction	p- value
Mean corpuscular hemoglobin concentrations	-0.2774225	0.0000	-0.550472	20.0000	-0.852243	30.0000	+3.044774	0.0000	-0.7793243	0.0000
Plateletcrit	-0.2312044	0.0000	-0.671936	50.0000	-1.330756	0.0886	+5.620077	0.0000	-0.9771515	0.0000
ALT	+0.5955473	0.0000	-1.157335	0.0000	+7.967324	0.0000	+0.4734427	0.0000	-0.6208232	0.0000
<b>Mean</b>	<b>-0.4757810</b>	<b>0.0000</b>	<b>-0.753657</b>	<b>80.0000</b>	<b>-0.522135</b>	<b>40.0295</b>	<b>+2.0084217</b>	<b>0.0000</b>	<b>-0.7790213</b>	<b>0.0000</b>

## 5. CONCLUSION

The anti-oxidant agent U-74389G not only was proved also more hyperuricemic by 4.660603-fold [4.655341-4.665871] than Epo (p-value =0.0000), but also this trend is accentuated along the short term time frame of the experiment in rats. A biochemical investigation remains about how U-74389G mediates in these actions.

## REFERENCES

- [1] Tsompos C., Panoulis C., Toutouzas K., Triantafyllou A., Zografos G., Papalois A. The Effect of the Antioxidant Drug "U-74389G" on Uric acid Levels during Ischemia Reperfusion Injury in Rats. Ser J Exp Clin Res 2016; 17 (2): 1-1.
- [2] C. Tsompos, C. Panoulis, K. Toutouzas, G. Zografos, A. Papalois. The effect of erythropoietin on serum uric acid levels during renal ischemia reperfusion injury in rats. Turkish Journal of Urology 2014; 40 (2): 110-114.
- [3] Palmiere C, Mangin P. Postmortem biochemical investigations in hypothermia fatalities. Int J Legal Med. 2013 Mar; 127(2):267-76.
- [4] Chen YR, Yang Y, Wang SC, Chiu PF, Chou WY, Lin CY, Chang JM, Chen TW, Ferng SH, Lin CL. Effectiveness of multidisciplinary care for chronic kidney disease in Taiwan: a 3-year prospective cohort study. Nephrol Dial Transplant. 2013 Mar; 28(3):671-82.
- [5] Lambers Heerspink HJ, de Zeeuw D. Novel drugs and intervention strategies for the treatment of chronic kidney disease. BrJ Clin Pharmacol. 2013 Oct;76(4):536-50.
- [6] SulikowskaB, JohnsonRJ, Wiechecka-KorenkiewiczJ, Korenkiewicz J, MarszalekA, Odrowaz-SypniewskaG, ManitiusJ. Dopamine-Induced Changes in Serum Erythropoietin and Creatinine Clearance Reflect Risk Factors for Progression of IgA Nephropathy. J Investig Med. 2015 Aug; 63(6):811-5.
- [7] Kmoch S, Živná M, Bleyer AJ. Autosomal Dominant Tubulointerstitial Kidney Disease, REN-Related. Gene Reviews® [Internet]. Seattle (WA): University of Washington, Seattle; 1993-2018.
- [8] Balaguer C, Peralta A, Ríos Á, Iglesias A, Valera JL, Noguera A, Soriano JB, Agustí Á, Sala-Llinas E. Effects of simvastatin in chronic obstructive pulmonary disease: Results of a pilot, randomized, placebo-controlled clinical

- trial. *Contemp Clin Trials Commun.* 2016 Jan 14; 2:91-96.
- [9] Fleming WE, Ferouz-Colborn A, Samoszuk MK, Azad A, Lu J, Riley JS, Cruz AB, Podolak S, Clark DJ, Bray KR, Southwick PC. Blood biomarkers of endocrine, immune, inflammatory, and metabolic systems in obstructive sleep apnea. *Clin Biochem.* 2016 Aug; 49(12):854-61.
- [10] Schaalan MF, Mohamed WA. Determinants of hepcidin levels in sepsis-associated acute kidney injury: Impact on pAKT/PTEN pathways? *J Immunotoxicol.* 2016 Sep; 13(5): 751-7. 11. D'Arrigo G, Baggetta R, Tripepi G, Galli F, Bolignano D. Effects of Vitamin E-Coated versus Conventional Membranes in Chronic Hemodialysis Patients: A Systematic Review and Meta-Analysis. *Blood Purif.* 2017; 43(1-3):101-122.
- [11] Georgatzakou HT, Tzounakas VL, Kriebardis AG, Velentzas AD, Papageorgiou EG, Voulgaridou AI, Kokkalis AC, Antonelou MH, Papassideri IS. Pathophysiological aspects of red blood cells in end-stage renal disease patients resistant to recombinant human erythropoietin therapy. *Eur J Haematol.* 2017 Jun; 98(6):590-600.
- [12] Gounden V, Jialal I. Renal Function Tests. Stat Pearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2018-. 2018 May 25.
- [13] Fleming WE, Holty JC, Bogan RK, Hwang D, Ferouz-Colborn AS, Budhiraja R, Redline S, Mensah-Osman E, Osman NI, Li Q, Azad A, Podolak S, Samoszuk MK, Cruz AB, Bai Y, Lu J, Riley JS, Southwick PC. Use of blood biomarkers to screen for obstructive sleep apnea. *Nat Sci Sleep.* 2018 Jun 14; 10:159-167.
- [14] Tsompos C, Panoulis C, Toutouzas K, Triantafyllou A, Zografos C, Tsarea K, Karamperi M, Papalois A. Comparison of the Acute Hypervolemic Capacities of Erythropoietin and U-74389G Concerning Mean Corpuscular Volume Levels. *Innovations Tissue Eng Regen Med.* 1(1). ITERM. 000503. 2018.
- [15] Tsompos C, Panoulis C, Toutouzas K, Triantafyllou A, Zografos C, Tsarea K, Karamperi M, Papalois A. The Opposite Metabolic Effects of Erythropoietin and U74389G on Serum Alanine Amino Transferase Levels. *Journal of Genetics and Genetic Engineering Volume 2, Issue 2, 2018,* PP 17-23.

**Citation:** C. Tsompos, C. Panoulis, K. Toutouzas, A. Triantafyllou, CG. Zografos, K. Tsarea, M. Karamperi, A. Papalois. *Comparison of the Hyperuricemic Effects of Erythropoietin and U-74389G.* ARC Journal of Nephrology. 3(1):29-33.

**Copyright:** ©2018 Authors. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.